

# Would you like to

# live and work in

# England?

The NHS is looking for GPs to work in the area of **NORTHAMPTONSHIRE** 

NHS England Gateway reference: 000099

# HEALTH SERVICES IN

## NORTHAMPTONSHIRE

Northamptonshire has some of the most advanced practices in the UK with extensive diagnostic facilities, which means we can cater for more of our patients' needs without a referral to hospital.

Our larger practices offer the opportunity for a portfolio career enabling you to diversify your skill-set and specialise in a wider range of clinical areas. The standard of general practice is high and there is a welcoming GP community.

Our population's health is good, but there are challenges. Life expectancy is slightly below the national average, this is because people are getting chronic diseases earlier, mainly due to unhealthy lifestyles.

NHS organisations, councils and voluntary groups across the region have formed the Northamptonshire Health and Care Partnership. It aims to join up services to improve care, support people to stay well in their own homes, encourage better lifestyle choices and make the most use of funding.



## LOCATION

Northamptonshire

2

4

5

ambridge

6

North Yorkshire

1

3

#### KEY

- 1 Corby
- 2 Kettering
- 3 Wellingborough
- 4 Northampton
- 5 Towcester
- 6 Brackley

## AREA OVERVIEW

Set in the heart of England, Northamptonshire is home to beautiful countryside. Often described as the Rose of the Shires it has a mixture of urban and rural areas. There are miles of walks, cycle paths, beautiful country parks, and canals just waiting to be explored.

The county has one of the fastest rates of population growth in the UK. It also has some of the most affordable property in the country. In and around the main market towns there are excellent leisure facilities with great shops, restaurants, museums, galleries, theatres and cinemas, health clubs and spas, and a thriving nightlife for anyone with the energy.

Northamptonshire is a culturally diverse shire in which to bring up a family with good schools, plenty of space and affordable living costs. There are fantastic career opportunities for doctors and their partners.

#### CORBY

Corby has the fastest growing population in, both Northamptonshire and the whole of England, and has undergone a large regeneration process with the opening of Corby railway station and Corby International Swimming Pool.

www.corby.gov.uk/home/leisure-culture www.lovecorby.co.uk

#### EAST NORTHANTS

East Northamptonshire has a wonderful mix of rural and urban attractions that appeal to all walks of life. There are six towns in the district. Rushden is by far the largest, with the smallest town in the district being Thrapston. With the sprawling countryside, wonderful woodland and the River Nene winding its way through the centre of the district, it's easy to see why thousands visit every year.

Much of the district is home to Rockingham Forest, once a Royal hunting forest which takes its name from the village of Rockingham where William I built a castle.

www.east-northamptonshire.gov.uk/visitors

#### DAVENTRY

Daventry District provides a rare and sought-after balance of urban and rural lifestyles. The district covers more than 250 square miles and is made up of the historic market town of Daventry, with 78 villages, contributing to its distinctive character and rural charm.

The health of people in Daventry District is generally better than the national average. From picturesque villages to woodlands, canals, reservoirs, country parks and many elegant country houses and gardens, the district is full of treasures to discover.

www.daventrydc.gov.uk/leisure www.lovedaventry.com

#### KETTERING

Kettering is a thriving market town in the heart of North Northamptonshire. In the town you will find a wide variety of shops and restaurants and fun family activities, including Wicksteed Park. The area also provides beautiful rolling countryside and quaint villages, as well as stately homes such as the magnificent Boughton House and Rushton Hall.

Kettering has a great central location and is within an hour of London, Birmingham, Oxford and Cambridge city centre. It is also the home of Kettering General Hospital, which provides Acute and Accident and Emergency department services.

www.thisiskettering.com www.kettering.gov.uk/info/20013/sports\_parks\_and\_leisure

#### NORTHAMPTON

Northampton is a large market town and has now developed into an important regional business centre for many of Britain's top companies, due largely to its unbeatable geographical location, (108 kilometres north of London).

It is one of the greenest towns in the country, with beautiful parkland, and historic buildings. Althorp House the home of Earl Spencer, the brother of Princess Diana is located a few miles from the town set in the quiet tranquillity of the English countryside. Diana now rests on a small island in the centre of a lake within sight of the home where she spent her childhood.

www.northampton.gov.uk/info/200240/leisure-culture-and-heritage www.northamptonshiresurprise.com/places-to-visit

#### SOUTH NORTHANTS

South Northants is a rural district situated halfway between London and Birmingham. This rural and sparsely populated landscape has remained largely unchanged for centuries. It is admired for its beautiful rolling countryside and ancient woodlands, historic canal network centred around Stoke Bruerne and tranquil villages that are reminiscent of the nearby Cotswolds. Its quiet country lanes are interspersed with peaceful villages and the two unspoilt market towns of Brackley and Towcester.

South Northants is also within the top 20 most desirable places to live in the UK, and the second best in the East Midlands having one of the highest employment rates and the lowest unemployment rates. The economy of the district is dominated by Silverstone, the internationally-renowned home of British motor racing.

www.southnorthants.gov.uk/info/3/leisure-and-culture www.brackleymarkettown.uk

#### WELLINGBOROUGH

Wellingborough boasts a rich and varied history and covers an area of just over 100 square miles. It is a multicultural town, being the home to a wide number of ethnic minority groups. The town is on the East Midlands Train line from Leeds to London St Pancras, taking 50 minutes to St Pancras and just four hours to Paris!

www.wellingborough.gov.uk/info/100009/leisure\_and\_culture www.discoverwellingborough.co.uk

### CULTURE / ENTERTAINMENT

Northamptonshire has a range of places to visit, from country houses and gardens to ancient market places, roman ruins, battle grounds, heritage railways, working canals and long distance footpaths.

The county hosts the motor racing grand prix race circuits at Silverstone and banger-racing at Brafield. Archaeological remains are displayed in national museums and include mammoth remains and gold Saxon crowns from long forgotten kings.

### LEISURE

Hundreds of miles of safe cycle ways, bridleways and footpaths add to the pleasure of living and working in a county. Add to that, excellent theatres, three of the country's leading sports teams in rugby, cricket and football, plus Silverstone GP Circuit, and you have a county that's crying out to be discovered and explored.



Affordable housing, green spaces, regeneration and one hour train journey times into London.

### EDUCATION

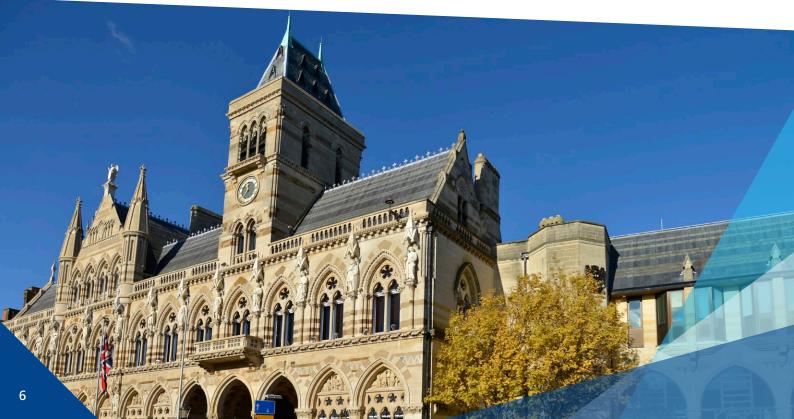
In addition to the variety of excellent state funded schools, the county boasts a number of well-respected independent day schools for boys and girls aged 3-18.

There are two further education colleges for people aged over 16. There is also a highly regarded college which specialises in land-based, sport and construction courses. It is linked to the University of Northampton, with many of its degree-level courses being accredited by the university. The University of Northampton has been commended by the Government's Teaching Excellence Framework where it was awarded a Gold standard for the quality of education it provides.

### SHOPPING

Many of the county's market towns have retained their original character and contain a wealth of local and independent retailers. Behind unspoilt frontages a welcoming and personal service from family-run businesses can be found.

Outside the towns, there are several rural shopping centres that offer a relaxed alternative. Rushden Lakes is the newest addition, a shopping centre like no other; where big brand fashion meets lakeside restaurants and cafes.





Northamptonshire's sports scene is a vibrant and varied one, with clubs and facilities for just about every discipline. For rugby lovers you can watch Northampton Saints or football lovers, Northampton Town, both make for an exciting afternoon.

The Northamptonshire County Ground is another cherished venue and home to the 'List A' classified Northamptonshire County Cricket Club. There are many leisure centres across the county, including the olympic-sized Corby East Midlands International Pool complete with three diving boards and a separate fun pool for the little ones.

For something a little more adventurous the Nene Whitewater Centre offers visitors the chance to try their hand at white water rafting and tubing amongst other things.

For an indoor challenge, climbers can enjoy a session at the Pinnacle Climbing Centre in Northampton, which also has a pretty impressive caving facility. To the north of the county, Pitsford Water is home to the Northampton Sailing Club.



Northampton has excellent connections to the rest of the country via its road, rail and air networks. East Northamptonshire and Kettering's is only 15 minutes from the Eurohub rail and has direct links to east coast ports. A regular main line rail service links Wellingborough to London in just 50 minutes. Also, there are four international airports within a 60 mile radius of Northampton.

### MORE INFORMATION

If you would like more information about our international recruitment programme or about living and working in **Northamptonshire** the following websites will be useful:

Paragona – <u>www.paragona.com</u> Visit Northamptonshire – <u>www.visitnorthamptonshire.co.uk</u> Visit England – <u>www.visitengland.com/things-to-do#northamptonshire</u> Best of Both Worlds – <u>www.bestofbothworlds.uk.net</u>

Northamptonshire Health and Care Partnership

www.northantsgp.co.uk

NHS ENGLAND'S PARTNERS:



General Medical Council





# paragona

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